

# COLLECTION SCHEDULE



# RECYCLING INFORMATION

Place paper and container recycling at curb by 7:00 a.m.

**MAY 2016**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

**JUNE 2016**

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

**JULY 2016**

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**AUGUST 2016**

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

**SEPTEMBER 2016**

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

**OCTOBER 2016**

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

**NOVEMBER 2016**

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

**DECEMBER 2016**

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**JANUARY 2017**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

**FEBRUARY 2017**

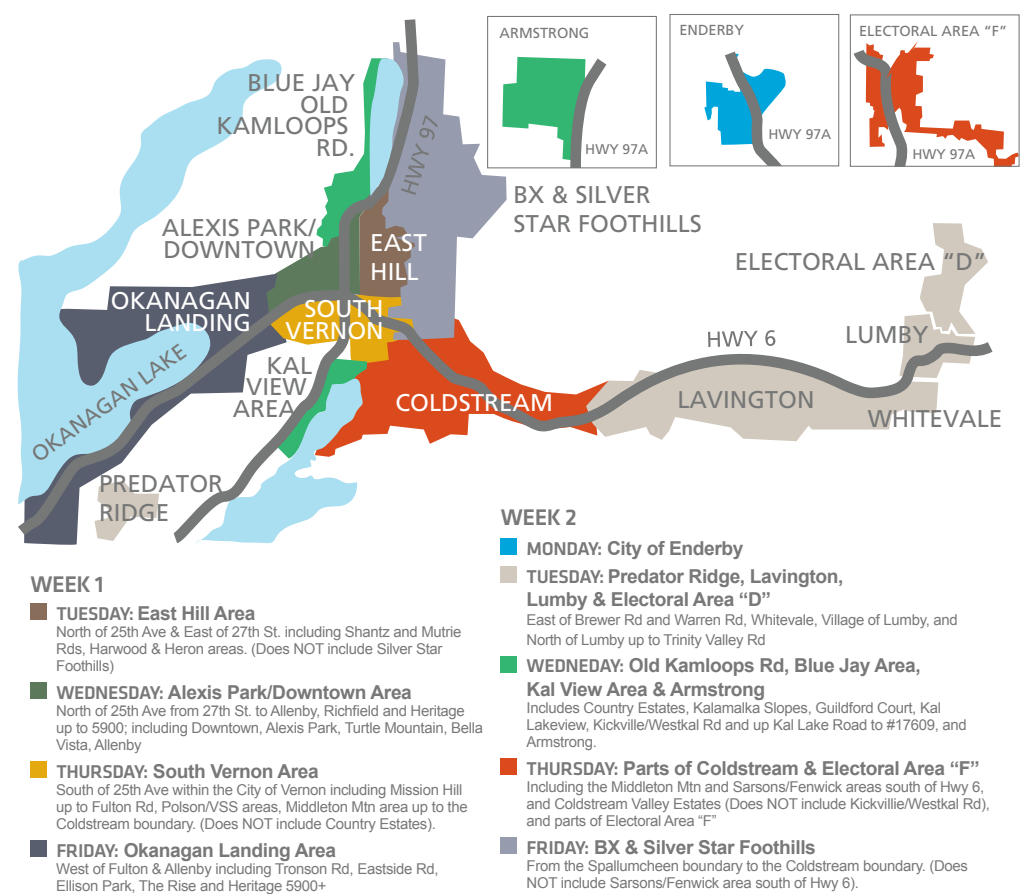
SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	1	2	3	4

**MARCH 2017**

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

**APRIL 2017**

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29



## RECYCLING TIPS

You can help ensure that more materials are recycled by following these steps:

1. Empty and rinse containers. Containers with contents remaining cannot be recycled and can harm workers or damage machinery. Rinsing also helps reduce odours and pests.
2. Add materials loose to the recycling container. Only shredded paper should be inside a paper bag or box before being added to your recycling.
3. Save space by flattening boxes and cartons. Stack containers that held the same contents, such as yogurt pots.

For more tips, visit [www.RecyclingInBC.ca](http://www.RecyclingInBC.ca).

Sign up for reminders, import your collection schedule into your on-line calendar, or download the MMBC app on your smartphone. Search for Multi-Material BC in Google Play or the iTunes App Store, or visit [recyclinginbc.ca](http://recyclinginbc.ca) for more information.

## ABOUT MMBC

Multi-Material BC (MMBC) oversees residential packaging and printed paper recycling in the Regional District of North Okanagan, and throughout many communities in British Columbia. We ensure your household material is picked up, sorted and sold to end markets. In RDNO, we work in partnership with Emterra Environmental (for curbside collection services) and depots where you can drop off materials that are not collected at the curb.

## NEARBY DEPOTS

Armstrong Bottle Depot  
3730 Pleasant Valley Blvd, Armstrong  
250-546-2466

Interior Freight And Bottle Depot  
4205-24 Avenue, Vernon  
250-545-5706

Venture Bottle Depot  
1818 Miller Street, Lumby  
250-547-8787

Venture Training Centre  
4240 Alexis Park Drive, Vernon  
250-542-2374

Find your nearest depot location at [www.RecyclingInBC.ca](http://www.RecyclingInBC.ca)

For information about garbage, compost, or yard and garden waste services, please contact your local government.

### Recycling Collection Questions?

Emterra Environmental is MMBC's collection partner in the Regional District of North Okanagan. They can answer questions about collection zones, missed pick-ups, holiday schedules, or recycling containers.

Contact Emterra Environmental  
Email: [askmebc2@emterra.ca](mailto:askmebc2@emterra.ca)  
Phone: 250-545-4245  
Website: [www.MyEmterraBC.ca](http://www.MyEmterraBC.ca)



# Regional District of North Okanagan

Armstrong, Coldstream, Electoral Areas B, C, D and F, Enderby, Lumby and Vernon



Download MMBC's app for collection schedules and reminders:  
[www.RecyclingInBC.ca](http://www.RecyclingInBC.ca)

RECYCLING MORE IN BC

RECYCLING MORE IN BC



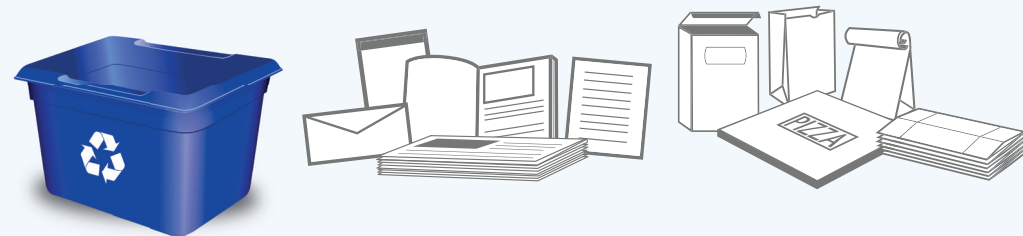
## RECYCLE AT CURBSIDE OR DEPOT

Place paper and container recycling at curb by **7:00 a.m.**



### PAPER

PUT INTO ONE BLUE BOX  
RECYCLE AT CURBSIDE OR DEPOT



## ACCEPTED

Packaging and printed paper accepted for recycling

- ✓ Newspapers, inserts, flyers, catalogues, magazines, telephone books  
*Place loose in container. Remove from plastic wrap.*
- ✓ Household paper, paper gift wrap, greeting cards
- ✓ Boxboard boxes  
*Remove liners and food. Flatten and place in recycling container.*
- ✓ Moulded boxboard for egg cartons, beverage carry-out trays, etc.
- ✓ Paper bags with single and multiple paper or plastic layers for pet food, flour, etc.
- ✓ Cores from paper towel and toilet tissue
- ✓ Corrugated cardboard  
*Remove plastic wrap from cardboard flats. Staples and tape OK. If too large for recycling container, flatten and cut to no larger than 30" wide (78cm) x 30" tall (78cm). Stack neatly and securely place beside or between recycling containers.*
- ✓ Shredded paper  
*Place shredded paper inside a paper bag or box to keep it secure and prevent litter*

## NOT ACCEPTED

Please do NOT include these with your curbside recycling

- ✗ Plastic bags used to cover newspapers/flyers  
*Bring to a depot*
- ✗ Rubber bands
- ✗ Hardcover or paperback books  
*Donate or sell*
- ✗ Paper towels, napkins, tissues
- ✗ Non-paper gift wrap, e.g. foil, ribbons, bows
- ✗ Musical cards with batteries  
*Contact RCBC for battery and e-waste recycling locations*
- ✗ Padded envelopes
- ✗ Bags with a foil layer, boxes with a foil liner

### Want to recycle something not included here?

Search MMBC's Waste Wizard or download a full material list at <http://recyclinginbc.ca/program/can-recycled/>  
To recycle items that are not packaging or printed paper, contact the Recycling Council of BC (RCBC) at 1-800-667-4321.

### CONTAINERS

PUT INTO ONE BLUE BOX  
RECYCLE AT CURBSIDE OR DEPOT



- ✓ Plastic or paper take-out cups, bowls, and lids
- ✓ Plastic trays and tops (e.g. fruit trays, cooked chicken)
- ✓ Cartons for soup, milk, sauces, ice cream, etc.
- ✓ Metal cans and lids for food
- ✓ Empty aerosol cans and caps
- ✓ Microwavable bowls and cups
- ✓ Spiral wound cans and lids for frozen juice concentrate, chips, etc.
- ✓ Aluminum foil wrap, aluminum foil take-out containers
- ✓ Plastic bottles, jugs, jars, tubs, and trays
- ✓ Caps, tops, lids, and pumps
- ✓ Rigid plastic clamshells for baked goods, fruit, eggs, etc.
- ✓ Plastic garden plant pots and seedling trays
- ✓ Plastic pails, less than 25L, for laundry detergent, pet food, etc.
- ✓ Plastic packaging for toys, batteries, electronics, toothbrushes, etc. Separate plastic from paper backing.

#### REMEMBER:

- ✓ Empty and rinse containers; labels OK.
- ✓ Put metal lids inside cans and squeeze slightly.
- ✓ Return deposit containers for refund.

- ✗ Foil-lined cardboard containers and lids
- ✗ Microwavable bowls with metal rims
- ✗ Chip or foil bags
- ✗ Foil wrap with paper, e.g. butter, cigarettes
- ✗ Stand-up pouches
- ✗ Liquid absorbing pads
- ✗ Kitchen stretch wrap
- ✗ Blister packs, e.g., plastic/foil packaging for chewing gum and pills
- ✗ Packaging labelled biodegradable or compostable
- ✗ Ceramic pots, lawn edging, tarps, plastic furniture or garden hoses, string or rope
- ✗ Toys
- ✗ Pails larger than 25L

#### Please: No Hazardous Materials

- ✗ Exclude batteries; medical syringes; bleach or aerosol containers with any contents remaining; propane tanks or cylinders; containers for paint, motor oil, vehicle lubricants, or antifreeze; or containers for pesticides with the words danger, warning or poison, and precautionary octagon or diamond symbols with skull and cross bones

## RECYCLE AT DEPOT ONLY

### GLASS

TAKE TO DEPOT ONLY



## ACCEPTED

- ✓ Clear and coloured non-deposit glass bottles and jars

#### REMEMBER:

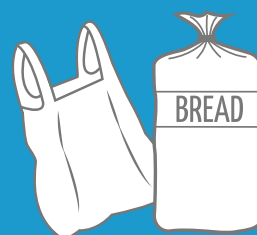
- ✓ Return deposit containers for refund.
- ✓ Include lids with container recycling.

## NOT ACCEPTED

- ✗ Drinking glasses, dishes, cookware
- ✗ Window glass, mirrors
- ✗ Ceramic products
- ✗ Light bulbs and light fixtures

### PLASTIC BAGS AND OVERWRAP

TAKE TO DEPOT ONLY



- ✓ Plastic bags for groceries, dry cleaning, bread, newspapers, and flyers
- ✓ Bags for produce, pre-washed salad, dry bulk foods, and frozen vegetables
- ✓ Outer bags and wrap for diapers, feminine hygiene products, paper towels, tissues, soft drink can flats
- ✓ Bags for water softener salt, wood pellets and garden products
- ✓ Overwrap on mattresses, furniture and electronic equipment

#### REMEMBER:

- ✓ Empty bags of paper receipts and food residue.
- ✓ Cut off or remove metal grommets, rope drawstrings and non-plastic items from plastic bags.

- ✗ Crinkly cellophane wrap, e.g. for tea, floral arrangements
- ✗ Kitchen stretch wrap
- ✗ Zipper-lock bags
- ✗ Chip or snack bags

- ✗ Plastic shipping envelopes or bubble packaging
- ✗ Packaging labelled biodegradable or compostable
- ✗ Lumber or construction wrap
- ✗ Garbage bags (any colour)

### FOAM PACKAGING

TAKE TO DEPOT ONLY



- ✓ Foam food containers and trays
- ✓ Foam cushion packaging used to protect electronics, small appliances, etc.

#### REMEMBER:

- ✓ Remove food residue and liquid-absorbing pads.
- ✓ Remove labels, tape, paper, cardboard.
- ✓ Separate coloured and white foam.

- ✗ Packing chips, peanuts, foam noodles
- ✗ Blue or pink foam board insulation
- ✗ Squishy or flexible foam
- ✗ Furniture cushions

Find your nearest depot location at [www.RecyclingInBC.ca](http://www.RecyclingInBC.ca)