

Fall & Winter  
2015/2016



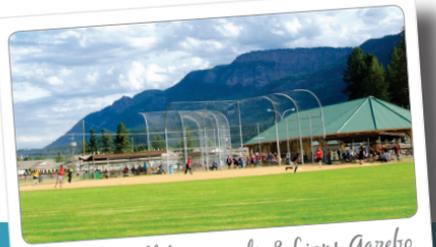
*Our Place to Play*

# Enderby & District Recreation Guide

# ENDERBY...

## *Our Place to Play*

**250-838-BOOK (2665)**



*Riverside Ball Diamonds & Lions Gazebo*



The following facilities and parks are available to rent in Enderby and area:  
**Riverside Ball Diamonds • Lions Outdoor Pool • Lions Gazebo • Arena**



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**Entrepreneurship and innovation thrive in Enderby ~ enhance your business with a membership in the Enderby & District Chamber of Commerce**

**702 Railway Street  
Enderby, BC • 250.838.6727  
www.enderbychamber.com**



**Enderby & District  
Recreation Services**

702 Railway Street, PO Box 1000  
Enderby BC, V0E 1V0  
Phone: 250-838-2665  
Fax: 250-838-0123

**Enderby Parks &  
Recreation**

1605 Kate Street, Enderby, BC  
Phone: 250-838-7557  
Fax: 250-838-9613

**Enderby Lions Pool**

(May 25 to August 31)  
606 King Avenue, Enderby, BC  
Phone: 250-838-9256

**Enderby & District  
Chamber of Commerce**

702 Railway Street, PO Box 1000  
Enderby BC, V0E 1V0  
Phone: 250-838-6727  
Fax: 250-838-0123  
Hours dependant on season

**City of Enderby**

PO Box 400  
Enderby BC, V0E 1V0  
Phone: 250-838-7230  
Fax: 250-838-6007

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*Facility Rental Info*

**250.838.BOOK (2665)**  
[recreation@enderbychamber.com](mailto:recreation@enderbychamber.com)



*Enderby & District Recreation Guide  
produced by the Enderby & District  
Chamber of Commerce.*

Ice Available September 19th till March 25th

Public Skates are **FREE!**

The Arena will be closed

Monday October 12th

Wednesday November 11th

Thursday December 24th

Friday December 25th

Friday January 1st

Monday February 8th

## 2015/2016 ICE RATES

Adult Ice	\$154.00 per hour
Youth Ice	\$85.00 per hour
Senior Ice	\$111.00 per hour

Drop In Rates Available Upon Request



**For events happening in  
Enderby & District visit:  
[www.exploringenderby.com](http://www.exploringenderby.com)**

## Pro-D Active Day Camps (7-11yrs)

Participants will take part in sports, games, crafts, music, drama, leadership and more! Space is limited so register early!

Dates: **Mon. September 21**      **Fri. October 23**      **Mon. November 23**  
**Fri. February 19**      **Mon. April 18**      **Fri. May 20**  
 Time: 8:30am-4:00pm      Cost: \$40.00 / day

## Spring Break Adventure Camp (7-11yrs)

Each day will have a theme with organized sports, activities and games to match. Kids will have an opportunity to practice their favorite talents during the week and showcase them on the last day.

Dates: Camp A      **March 21-24 (Mon. to Thurs.)**  
 Camp B      **March 29 – April 1 (Tues. to Fri)**  
 Times: 8:30am-4:00pm @ Drill Hall      Cost: \$110.00 (4 sessions)

Community  
 Recreation  
 Information & Registration

At The Lions Club Gazebo  
 4:00 pm to 6:30 pm  
 Concession Open  
 Thursday September 10th, 2015

## I Can "P.L.A.Y." Sports (24-36 months, parent required)

Physical Literacy Active Youth Active Tots is a 45min, semi-structured class that incorporates co-operative play with fundamental movement skills like running, jumping, hopping, throwing, catching and balance.

Dates: Tuesdays      Session I      **September 22 – November 10**  
                                 Session II      **January 12 – March 1**  
Times: 10:15-11:00am @ Drill Hall      Cost: \$35.00 (8 sessions)

## Pre-School Sports (3-5yrs)

A 50min session led by a Fundamental Movements Instructor that will have your pre-school child using games and play to improve their physical literacy skills, build self-esteem and confidence.

Dates: Tuesdays      Session I      **September 22– November 10**  
                                 Session II      **January 12 – March 1**  
Times: 11:00-11:50am @ Drill Hall      Cost: \$40.00 (8 sessions)

## I Can Play Sports (5-8yrs)

Get your school aged child active with this multi-sport and movement program. Kids will learn physical literacy skills through play in a variety of games and activities where the focus is FUN!! Run, kick, jump, throw, balance, and be active with your friends.

Dates: Thursdays      Session I      **September 24 – November 12**  
                                 Session II      **January 14 – March 3**  
Times: 4:00-5:00pm @ Drill Hall      Cost: \$45.00 (8 sessions)

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Ph 778-442-2515 | Fax 1-855-442-2515 | [www.CornishCGA.ca](http://www.CornishCGA.ca)



## Strong Start

Monday to Friday – 9:00 am to 12:00 pm

*(Closed when school is not in session)*

MV Beattie Elementary School

Free parent participation early learning program for children 0-5 years old and their parents or caregivers

*For more information visit [www.sd83.bc.ca](http://www.sd83.bc.ca) or call 250.833.2095*



### Family Place

Wednesdays - 8:00 am to 12:00pm

St Andrew's United Church, 1106 Belvedere St

Free drop in program for pre-school aged children

### Mother Goose

Tuesdays – 12:30 pm to 1:30 pm

St Andrew's United Church, 1106 Belvedere St

Free drop in program for parents and their infants or young children

### Kids & Company

Thursdays – 9:30 am to 11:30 am

Enderby Drill Hall, 200 George St

Free drop in program

### Healthiest Babies

Free, confidential service to help women have healthy babies

For pregnant women or parents of 0-6 month old children

### Community Kitchen

Every Second Tuesday - 9:00 am to 12:00 pm

Learn to cook healthy, nutritious meals

### Food Skills for Families

A six-week program with weekly three hour sessions

### The Sunshine Line

Seniors "calling" telephone line

*For more information call 250.838.9446 or visit [www.edcrc.ca](http://www.edcrc.ca)*



**Core Fit**

(bring your own matt, water bottle and weights \*optional)

A great class that combines low impact moves (with high impact options) floor work and resistance training to build core strength.

Dates: Session I                      Wednesdays                      **September 23 – December 2**

(no class Nov.11)

Session II                      Wednesdays                      **January 13 – March 16**

Times: 8:15-9:15am @ Drill Hall

Cost: \$57.50 (10 sessions)

**H.I.I.T – (16yrs+ in good physical condition)**

**H**igh Intensity Interval **T**raining. Start with goal setting, then combine mental motivation, boot camp style drills, and team work exercises.

Dates: Session I                      Thursdays                      **September 24 – November 26**

Session II                      Thursdays                      **January 14 – March 17**

Times: 5:45-6:45pm @ Drill Hall

Cost: \$57.50 (10 sessions)

*\*\*All participants will be required to complete a PAR-Q (Physical Activity Readiness Questionnaire), and provide Dr.'s Note if needed.*

***Child care now available at select fitness classes \$2/Child***

***Do you have a special class you are interested in, or a group that would like to participate in a class together? (ie. Learn to Run, Teen fitness, Yoga etc).***

***Contact Sheryl Hay – Recreation Programmer at 250 838-2665 or Sheryl@enderbychamber.com***

***To register or inquire call  
250.838.2665 or  
recreation@enderbychamber.com***

# Enderby Memorial Arena

## Public Skating Times (Starting September 21)

(certain dates cancelled for holidays and tournaments)

Dates: <b>Wednesdays</b>	12:45-1:45pm	(cancelled – Nov. 11)
<b>Thursdays</b>	3:45-4:45pm	
<b>Fridays</b>	8:00-9:00pm	(cancelled – Nov. 27 / Dec. 4/ Dec. 25 / Jan. 1 / Jan. 29)
<b>Sundays</b>	5:45-7:15pm	Cost: FREE

## FREE Holiday Skate

Bring the whole family down for a festive skate at the Enderby Arena.

Date: **Sunday December 20**

Time: 2:00-4:00pm

Cost: Free

## Athlete Sport Training Camp (12-17yrs)

Think outside the box and get an edge on your opponents with a head start on your mental and physical strength training. Set your goals, learn the key skills to excel in try-outs and competition and take part in safe, effective and unconventional physical training.

Dates: Monday to Thursday

Time: 9:30am-12:30pm

**August 31 – September 3**

Cost: \$60.00 (4 sessions)  
\$20/ Day Drop-in

## MVP Hockey Program (6-11yrs)

Non-competitive hockey program geared to school aged children with some previous skating experience and a desire to “play”. Players will participate in skating enhancement drills, hockey skills and scrimmages under the supervision of a coach and leadership students from the A.L.Fortune Hockey Academy.

Dates: Mondays

Time: 3:30-4:30pm

**September 21, 2015 – February 29 2016**

(no practice Oct. 12 & Feb. 8)

Cost: \$215.00 (20 sessions)

## Skating Lessons

(\*properly fitted CSA approved helmet required.)

We offer 30 & 45min classes for all ages with small group sizes.

- Ice Puppy I** 3-5 yrs with little or no prior skating experience
- Ice Puppy II** 3-5yrs who can stand from seated position on own & move 5-10 steps independently
- Super Skater I** school aged children with little or no prior skating experience.
- Super Skater II** school aged children with some skating skills ready to learn stopping, edges and backward skating.
- Adult Lesson** 16yrs+ with a desire to learn to skate.

Dates:	Wednesdays	Session I	<b>October 7 – December 2</b>
			(No session Nov. 11)
		Session II	<b>January 13 – March 2</b>
Times:	Ice Puppy I & II	2:30-3:00pm	
	Super Skater I & II	3:15-4:00pm	
	Adult	by request	Cost: TBA

## Birthday Party Package

Sundays: 2:30 pm to 4:00 pm

Cost \$105.00

**Your 90 minute booking includes up to 60 minutes on the ice and a meeting area for food and cake!**

**To book or inquire call  
250.838.2665 or  
[recreation@enderbychamber.com](mailto:recreation@enderbychamber.com)**

### Drop- In Skate Programs

(waiver, sign-in and exact change required)

Bring your skates, helmet and gloves and drop-in for some fun shinny hockey.

Adult Shinny	Wednesdays	11:30am-12:30pm (18yrs+)
Adult Shinny	Thursdays	9:30-10:30pm (18yrs+)
Stick & Puck	Tuesdays	3:30-4:30pm (13-18yrs)
Sticks & Pucks Jr.	Thursdays	2:45-3:45pm (8-12yrs with skating ability)

Dates: September 23- February 26

Cost: Youth \$2.00  
Adults \$5.00

## New This Season Adult Drop-In Shinny!

(Completed waiver & sign-in required)



**BACKUS**  
*Back Country Adventures*  
[backusbackcountryadventures.com](http://backusbackcountryadventures.com)

**SLED RENTALS, RIDING CLINICS AND  
AVALANCHE/SNOWMOBILE TRAINING**

**TO BOOK YOUR ADVENTURE CALL 1.250.253.6609**

# 2015 / 2016 Recreation Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Strength & Stretch * 9-10am	Core Fit 8:15-9:15am		Walk'n'Box 9-10am <i>Sept / Oct only</i>	
		Active Tots 10:15-11am	Adult Shinny 11:30-12:30pm	Jr. Sticks & Pucks 2:45-3:45pm		
B-Day Party Bookings 2:30-4pm		Pre-School Sports 11-11:50am	Public Skate 12:45-1:45pm	Public Skate 3:45-4:45pm		
	MVP Hockey 3:30-4:30pm	Sticks & Pucks 3:30-4:30pm	Skate Lessons 2:30-4pm	I Can PLAY Sports 4:00-5:00pm		
Public Skate 5:45-7:15pm	Zumba Junior 5:15-6pm			H.I.I.T High Intensity Interval Training 5:15-6:15m	Public Skate 8:00-9:00pm	
	Zumba * 6:15-7:15pm			Adult Shinny 9:30-10:30pm		

All classes & programs are pre-registered with Enderby & District Recreation  
\*Registration starts September 1st\*

Arena Programs

Physical Literacy Programs

To register, call or stop by Chamber building in Belvedere Park  
or join us at the Gazebo on \*September 10th from 4-6:30pm\*

Fitness Programs

Call 250 838-2665

## DON'T GO THROUGH LIFE WITHOUT GOALS



COME PLAY YOUTH HOCKEY.

NORTH OKANAGAN MINOR HOCKEY  
REGISTRATION TAKES PLACE EARLY  
JUNE FOR THE 2015 - 2016



FOR MORE INFO VISIT OUR WEBSITE AT [WWW.NOMHA.COM](http://WWW.NOMHA.COM) OR E-MAIL [REGISTER@NOMHA.COM](mailto:REGISTER@NOMHA.COM)

## Looking for something to do in Enderby this Winter????

Larch Hills offers over 50 kilometers of track-set trails and over 100 kilometers of non-track-set trails. Try snowshoeing or X-country skiing, with rentals available at John's Ski Shack.

Kingfisher Interpretive Centre is a great place to strap on your snowshoes and explore.

Hunters Range has over 200 square kilometers to explore, with over 90 kilometers of groomed trail and several chalets to warm up in. Let Backus Back Country Adventures show you around, or give them a call for sled rentals, riding clinics, and avalanche training.

Enderby Curling Club welcomes everyone to come down and curl. Drop-in's welcome!

Enderby Memorial Arena has lots of new programs and old favorites. Join us for a public skate or some drop-in shinny.

Gardom Lake and Hidden Lake both offer ideal locations to get away and drop a line in the water. Insure you check the ice prior to ice fishing!





# Sutherland's Bakery

& CONVENIENCE STORE

101-1701 GEORGE ST. ENDERBY, BC

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**PASTRIES • DONUTS • PIZZA  
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**250-838-7234**

*Daily  
Special*

**2 SLICES OF PIZZA  
+ POP/DASANI WATER  
\$5.99**

Program or Organization	Name	Phone	Email
<b>Afterschool Programs</b>			
Grindrod Afterschool Program	Michelle Watts	250-838-0751	fivewattbulb@shaw.ca
<b>Camps</b>			
Gardom Lake Bible Camp		250-838-6645	office@gardomlake.ca
Mackenzie Camp		250-838-6293	maccamp@shaw.ca
<b>Community Resource Centre</b>			
Enderby Community Resource Centre	Kara Wilhelms	250-838-9446	edcomrc@telus.net
Early Years Coordinator	Lisa Rands	250-838-5953	edcomrc@telus.net
Kids and Company	Stacey Rands		edcomrc@telus.net
<b>Curling</b>			
Enderby Curling Club	Sharon Taylor	250-838-6702	taylorsharon64@gmail.com
<b>Cadets</b>			
Rocky Mountain Rangers	Captian Kelly March	250-307-2103	kelly.march@cadets.gc.ca
<b>Drill Hall</b>			
Facility Rentals	Naomi	250-838-7170	enderbymuseum@gmail.com
<b>4-H</b>			
Hoof 'n' Boots	Cathy Forster	250-306-0168	cforster@xplornet.ca
<b>Girl Guides of Canada</b>			
Enderby Sparks	Amanda Isaac	250-503-8638	rennera@hotmail.com
Enderby Brownies	TBA		
Enderby Girl Guides	Aime Alward	250-938-3362	alwards0206@gmail.com
<b>Fitness Classes</b>			
Aqua Fitness (Enderby Pool)	Enderby Pool	250-838-9256	recreation@cityofenderby.com
Dancercise	Inger Drescher	250-838-2655	maudststudio@gmail.com
Zumba	Aime Alward	250-938-3362	alwards0206@gmail.com
<b>Golf</b>			
Birchdale Golf Course	Kim Tubb	250-838-7740	krgtubb@gmail.com
Mabel Lake Golf Course		250-838-0881	info@mabellakegolf.com
<b>Gym</b>			
Whib's Gym	Mike Whibley	250-838-6555	info@whibsgym.com
<b>Hockey</b>			
Adult Recreation Hockey League	Recreation Programmer	250-838-2665	recreation@cityofenderby.com
N. Okanagan Minor Hockey Assoc.	Chris Williamson	778-212-1087	president@nomha.com
<b>Horse Back Riding</b>			
Okanagan Horseback	Lynda	778-212-6555	okhorseback@gmail.com
<b>Karate</b>			
Enderby Karate	Tim Posynick	250-938-0512	enderbykarate@gmail.com
Provincial Martial Arts	Holly Raczynski	250-253-2406	pma_karate@hotmail.com
<b>Lacrosse</b>			
Shuswap Lacrosse			president@shuswapminorlacrosse.com

Program or Organization	Name	Phone	Email
<b>Music</b>			
Joy of Music (Piano & Voice Lessons)	Linzy Lunkwist	250-838-7658	joy.of.music@hotmail.com
<b>Pickle Ball</b>			
Enderby Recreation Pickle Ball	Angela Hanson	250-838-0838	angherm@live.com
	Marlene Marshall	250-838-6955	marshallmeadows@hotmail.com
<b>Pre-School Programs</b>			
Enderby Community Resource Centre	Kara Wilhelms	250-838-9446	edcomrc@telus.net
Early Years Coordinator	Lisa Rands	250-838-5953	edcomrc@telus.net
Kids and Company	Stacey Rands		edcomrc@telus.net
Physical Literacy Classes	Sheryl Hay	250-838-2665	recreation@cityofenderby.com
Strong Start	Rhonda Sloat	250-833-6434	
<b>Legion</b>			
Rentals & Events	Dee Jacobson	250-838-7283	
<b>Lions</b>			
Rentals & Events	Joe Deveau	250-838-9868	
<b>Ringette</b>			
Shuswap Ringette	Donna Helgeson	250-833-7660	registrar@shuswapringette.ca
<b>Seniors Programs</b>			
Seniors Center Programs	Doreen Stuebing	250-838-0538	enderby.seniors@shaw.ca
Seniors Center Rentals	Melvin Slater	250-838-8398	maslater2003@yahoo.com
Seniors in Motion	Interior Health	250-838-2484	jenniferanderson75@gmail.com
Nexus BC	Lynn Belsher	250-838-2324	jsa@nexusbc.ca
<b>Skating</b>			
Armstrong / Enderby Skate Club	Tannis Crerar	250-260-3950	crerart@telus.net
Learn to Skate	Recreation Programmer	250-838-2665	recreation@cityofenderby.com
<b>Skiing</b>			
Larch Hills			info@skilarchhills.com
<b>Soccer</b>			
Enderby & District Youth Soccer	Jason or Kim Golz	250-833-5139	edysa123@hotmail.com
<b>Softball</b>			
Ladies League	Shawn Ferguson	250-938-0109	fishergirl111@hotmail.com
Mens League	Adam Clark	250-838-7978	ad.clark@telus.net
Mixed League (Spring)	TBA		
Mixed League (Summer)	Ruth Ginther	250-253-2538	ruthielee99@gmail.com
Youth (Enderby Minor Fastball)	Tracey Castle	250-309-1733	ctcastle@telus.net
<b>Swimming</b>			
Enderby Lions Pool	Aquatic Staff	250-838-9256	recreation@cityofenderby.com
<b>Volleyball</b>			
Enderby Recreation Volleyball	Dave Lancaster	250 833-7731	14dave@telus.net

For a full list of all Recreation Services visit [www.exploringenderby.com](http://www.exploringenderby.com)

**To register for Recreation Services programs, fill out the registration form and bring to Enderby and District Chamber of Commerce.**

**For more information please call**

**250.838 2665 or**

**email [recreation@enderbychamber.com](mailto:recreation@enderbychamber.com)**

## **Have Fun, Meet People, Join others for a game of Curling**



### **Enderby & District Curling Club Welcomes all**

*Come alone, as a couple,  
or as a group*



### ***All Skill levels welcome in any league***

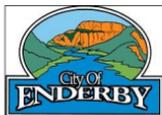
- **Mixed doubles and Fun Drop-in - Monday evenings**
- **Ladies League - Tuesday evenings**
- **Men's League - Wednesday evenings**
- **Mixed League - Thursday evenings**
- **Team FUN League - Groups of any Size**
- **Senior's drop in - Tuesday & Thursday Afternoon**
- **Stick Curling - If you can't bend this game is for you**
- **Youth and Junior Curling - Call for details**

**Hosting 2016 Provincial Mixed Doubles Championships**

***February 19 - 21, 2016***

**Registration starts Sept 10, 4-6:30 at Lion's Gazebo  
New members Welcome all year.**

**[www.EnderbyCurlingClub.ca](http://www.EnderbyCurlingClub.ca) 250-253-8307 or 250-838-6702**



**City of Enderby**  
**Parks and Recreation Services**  
 administered by  
**Enderby & District Chamber of Commerce**  
 P.O. Box 1000, Enderby, BC V0E 1V0  
 Telephone: 250-838-2665 | Fax: 250-838-0123  
[www.enderbychamber.com/recreation](http://www.enderbychamber.com/recreation) | [recreation@enderbychamber.com](mailto:recreation@enderbychamber.com)



**Participant's Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City/Prov:** \_\_\_\_\_

**Postal Code:** \_\_\_\_\_ **Participant Birth Date:** \_\_\_\_\_  
(mm/dd/yy)

**Telephone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Medical or Health**

**Concerns:** \_\_\_\_\_

\*\*\*\*\*

**Program Registration Information:**

**Program Name/Level:** \_\_\_\_\_

**Program Dates:** \_\_\_\_\_ **Program Time:** \_\_\_\_\_

**Location:** \_\_\_\_\_ **Fee Paid \$:** \_\_\_\_\_ **Cash / Cheque**  
*Circle One*

No refunds will be granted unless the program is cancelled or in the case of illness, where a doctor's note is required. If the program is cancelled, the refund will be 100% of the fee. If the participant cancels, there will be a 10% administration fee deducted from the refund.

The participant and Parent/Guardian (if applicable) agrees that except to the extent that the injury, loss of life, or damage is caused by negligence of the Corporation of the City of Enderby or other persons for whose negligence the Corporation of the City of Enderby is responsible in law, Parent/ Guardian does hereby irrevocably covenants, promises and agrees to indemnify the Corporation of the City of Enderby, its agents, contractors, employees, servants, licensees or invitees, and to hold it harmless from and against any and all losses, claims, expenses, suits, costs, demands, damages or liabilities, joint or several, of whatever kind or nature including without limitation in each case attorney's fees, costs and expenses actually occurred in defending against or enforcing any such losses, claims, expenses, suites, damages or liabilities, including which the Corporation of the City of Enderby may sustain or to which it may become subject out of relating in any way to the use of the premises or participation in any programs. I have read understood and agreed to the terms of this contract.

\_\_\_\_\_  
**Signature of Parent/Guardian**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Name of Parent/Guardian (please print)**





# Riverside

## RV Park & Campground

*Camping along the beautiful Shuswap River!*

**We are pleased to offer you a pleasant stay that features the following amenities:**

- Tenting
- Pull-thru sites
- Full hook-ups
- Covered kitchen & BBQ
- Wireless connection
- Boat launch
- Adjacent playground
- Fire pits
- Picnic areas
- Washrooms
- Coin showers
- Sani-dump
- On-site manager
- Pets (on leash)

*While we are open year round, our washroom facilities are only open from May 1 to October 15.*

*We can accommodate self-contained units during the off-season.*

For Reservations 250-838-0155

112 Kildonan Avenue, Enderby BC

[www.enderbycamping.com](http://www.enderbycamping.com)