

Enderby & District Recreation Guide

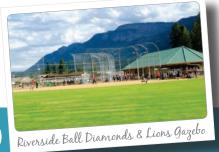




ENDERBY...

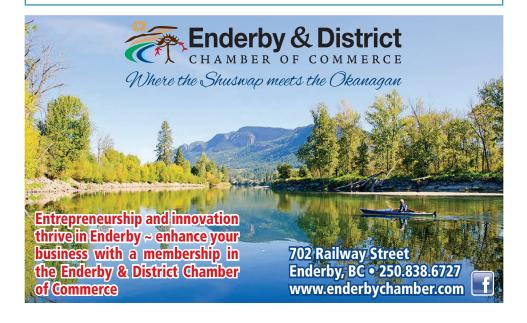
Our Place to Play

250-838-BOOK (2665)





The following facilities and parks are available to rent in Enderby and area: Riverside Ball Diamonds • Lions Outdoor Pool • Lions Gazebo • Arena



Enderby & District Recreation Services

702 Railway Street, PO Box 1000 Enderby BC, V0E 1V0 Phone: 250-838-2665 Fax: 250-838-0123

Enderby Parks & Recreation

1605 Kate Street, Enderby, BC Phone: 250-838-7557 Fax: 250-838-9613

Enderby Lions Pool

(May 25 to August 31) 606 King Avenue, Enderby, BC Phone: 250-838-9256

Enderby & District Chamber of Commerce

702 Railway Street, PO Box 1000 Enderby BC, VOE 1V0 Phone: 250-838-6727 Fax: 250-838-0123 Hours dependant on season

City of Enderby

PO Box 400 Enderby BC, V0E 1V0 Phone: 250-838-7230 Fax: 250-838-6007

Enderby & District Recreation Guide produced by the Enderby & District Chamber of Commerce,

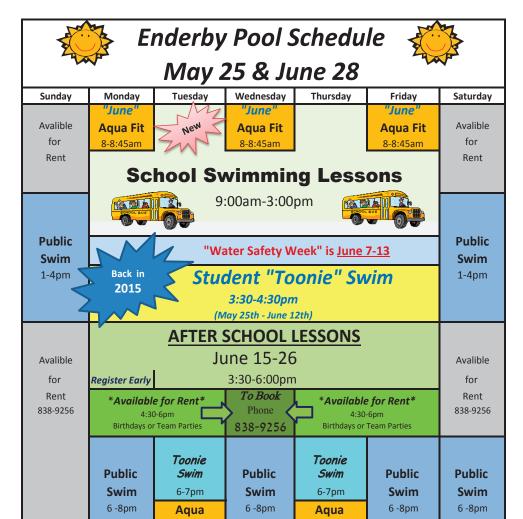
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Facility Rental Info:

250.838.BOOK (2665) recreation@enderbychamber.com





For more information on any of our programs call the Enderby Lions Pool at (250) 838-9256

Boot Camp

7:05-8:05pm

All Pool Program Registraion starts Monday May 25th, 2015.

Season Grand Opening

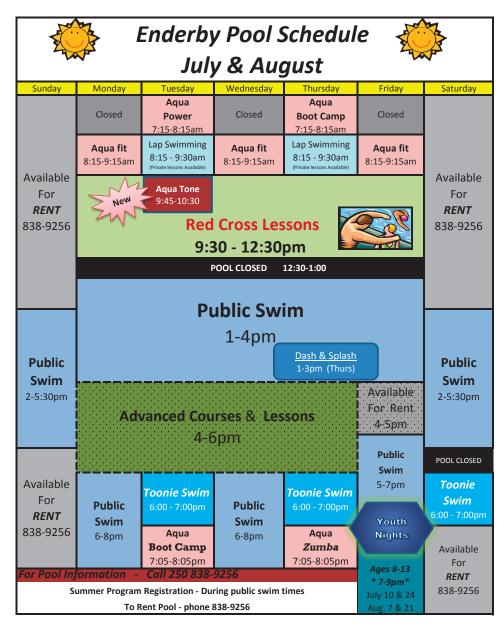
Fri. May 29th

Toonie Swim
5-8pm
Registration, Draws, Cake, games,
Demos and more!

Draws at 7:30nm

Zumba

7:05-8:05pm



^{*}According to Provincial Pool Regulation; all children 6yrs and under MUST be accompanied by an adult in the pool and within arm's reach.

Session I July 6-17			
Parented Levels	Level 3 / 4	Private Lessons	
9:30-10:00	9:30-10:00	9:30-10:00	
Salamander	Sea Otter	Level 2	
10-10:30	10:00-10:30	10:00:10:30	
Level 5	Level 1	Level 6	
10:30-11:15	10:30-11:00	10:30-11:15	
Sunfish 11:15-11:45	Level 7/8 11:00-11:45	Private Lessons	
Level 9/10	Croc / Whale	Private Lessons	
11:45-12:30	11:45-12:15	11:45-12:15	
11.43-12.30	Wait List	Wait List	

After School Session June 15-26			
Parented Levels 3:45-4:15	Level 3 / 4 3:45-4:15	Sea Otter-A 3:45-4:15	
Level 1 /2 4:15-4:45	Salamander 4:15-4:45	Level 5/6	
Sea Otter-B 4:45-5:15	Level 7/8 4:45-5:30	4:15-5:00 Sunfish 5:00-5:30	
Level 9/10 5:15-6:00		Wait List	

Session II July 20-31				
Private Lessons 9:30-10:00	Croc / Whale 9:30-10:00	Sea Otter 9:30-10:00		
Level 9/10 10:00-10:45 Level 3 / 4 10:00-10:30		Salamander 10:00-10:30		
Sunfish	Level 7/8 10:30-11:15	Parented Levels 10:30-11:00		
10:45-11:15	Level 1/2	Private Lessons 11:00-11:30		
Level 5/6 11:15-12:00	11:15-11:45	Private Lessons 11:30-12:00		
Private Lessons 12:00-12:30 (A)		Private Lessons 12:00-12:30 (B)		

Lifesa	ving Classes
Bronze Star	July 6-10 <u>\$87.75</u>
Bronze Medallion	July 14-17 / 21-24 <u>\$145</u>
Bronze Cross	July 14-17 / 21-24 <u>\$130</u>
Jr. Lifeguard club	July 8 & August 28

Session III Aug. 10-21 Sunfish Level 1 Level 5/6 9:30-10:00 9:30-10:00 9:30-10:15 Level 2 Sea Otter 10:00-10:30 10:00-10:30 Croc / Whale 10:15-10:45 Salamander Level 7/8 10:30-11:00 **Parented Levels** 10:30-11:15 10:45-11:15 Level 3/4 11:00-11:30 Private Lessons Level 9/10 11:15-11:45 **Private Lessons** 11:15-12:00 11:30-12:00 Private Lessons 11:45-12:15 Wait List Wait List

Parented Levels = Starfish, Duck, Sea Turtle

After Work Private or Group Lessons 5-6pm (booked in 1 week sessions)

Looking for Swim Lessons after work? Get a group together (of similar skills) or book private lesson

Mon.- Fri. between 5-6pm- (30min each)

1 Person Group of 2 3 or more \$55 each \$25 each / week /week /week

Pool Pricing 2015

Admissions	Public Swim Admission	10 x Pass	1 month Pass	Aqua Fit Single Class	Aqua Fit 10x Pass	Aqua Fit Month Pass
0-2yrs	Free					
Pre-School (3-5yrs)	\$3.00	\$27.00	\$33.00			
Youth (6-18yrs)	\$3.50	\$31.50	\$38.50	\$5.50	\$49.50	\$52.50
Adult (19+)	\$3.75	\$33.75	\$41.25	\$5.75	\$51.50	\$55.00
Seniors (60+)	\$3.50	\$31.50	\$38.50	\$5.50	\$49.50	\$52.50
Families	\$9.00	\$79.50	\$99.00			
Parent & Tot	\$5.00					
Dash 'n' Splash	\$5.00					
Youth Nights (8-13yrs)	\$7.50					
Jr. Lifegaurd	\$8.00					
Day Camps	\$17.00		.:			

Lessons		
Parented Classes (30min)	\$37.00	
Pre-School Lessons (30min)	\$37.00	1
Levels 1-4 (30min)	\$37.00	1
Levels 5-10 (45min)	\$48.00	
Bronze Star	\$87.75	
Bronze Medallion	\$145.00	
Bronze Cross	\$130.00	
Jr. Lifeguard /Month	\$70.00	\$125 / Summe
Private / person (30min)	\$15.00	\$75/ week
Semi Private / person (30min)	\$11.00	\$55/ week

Rentals	Per Hour	
Up to 50 People	\$67.00	
50-85 People	\$91.50	
School District #83	\$17.00	
Swim Club	\$24.00	

POOL RENTALS

/ Summer

5/ week

The best place to hold a birthday, team party or group event is at the Pool! Have the whole pool to yourself - including 2 lifeguards and all the toys!

> June Mon. – Friday 4:30-6pm (except June 15-26) Sat. & Sun.11am-1pm or 4:00-6pm

July & Aug Fridays 4-5pm Sat. & Sun 12-2pm or 7-8pm Cost: Up to 50 swimmers \$67.00/hr 50-85 swimmers \$91.50/hr

Private and Semi-Private Swim Lessons

We offer Private and Semi-Private lessons in week long bookings between 9:30am-12:30pm & 5-6pm weekdays. Phone the Enderby Lions Pool to book vour private swim lessons with one of our Red Cross swim instructors.

Limited times available

*30min Private lesson \$15 / session (\$75 for a week)

*30min. Semi-Private lesson (2 or 3 people) \$11/ session (\$55 each for a week)

Bronze Star

(recommended 11+ years)

Bronze Star is the Lifesaving Society's 1st step in lifeguard training. It is recommended for those students between the ages of 11 and 13. The course is designed to deliver high performance training for skilled pre-teens. Candidates are taught CPR, land spinal recovery, solo and partner rescues, searches and other first aid skills.

Mon. to Fri. (10:00am-12:30pm)

July 6th -10th

COST: \$87.75 / 5 Sessions

Bronze Medallion

(Pre Req. 13+ years or Bronze Star)
Bronze Medallion gives students
an understanding of the lifesaving principles embodied in the four
components of water rescue education; Judgment, Knowledge, Skill and
Fitness. This course will teach participants to recognize and respond
as a lifesaver to a variety of aquatic
emergencies. Bronze Medallion is the
pre-requisite for LSS Bronze Cross.

Tues. - Fri. (3-6pm)

July 14th -17th & July 21st -24th

COST: \$145 / 8 sessions

(includes manual & exam)

Bronze Cross

(Pre Req. Bronze Medallion)
This course is the 3rd step in lifeguard training. Bronze Cross teaches the difference between lifesaving and lifeguarding, the principles of emergency procedures, and teamwork.
Bronze Cross is the pre-requisite for all Life Saving Advance courses.
*Course worth 2 credits towards

*Course worth 2 credits towards grade 11** Tues. – Fri. (3-6pm)

July 14th -17th & July 21st -24th COST: \$130 / 8 sessions

Junior Lifeguard Club

Calling all Kids 8-13yrs!!! A challenging and exciting club with a focus on fun! Jr. Lifeguard club is for kids who want more than just swimming lessons and who are interested in lifeguarding. Members participate in swimming, lifesaving skills, fitness, community awareness and teamwork. They will also join pool staff for special events and training sessions.

**BONUS – Club members can Participate in the Youth Nights for ony \$2.50 Wed. & Fri. (3-5pm) July 8th to August 28th

Cost: \$8 Drop-in / \$70 per Month or \$125 for the whole summer!!

NEW Spring Dash 'n' Splash (ages 3-5yrs)

Perfect combination of Gym & Swim time for your active pre-schooler. Fundamental movements will be taught and practiced with games and drills on land and in the pool! A perfect opportunity to gain confidence, self-awareness and physical literacy skills in TWO different environments. Land portion in Park if

weather is good

Limited Space Available – so register early!

Mon. - Fri. June 15-19

11am-12:15pm (11-11:30 Gym / 11:30-11:45 Snack / 11:45-12:15 Pool)

Cost: \$35

NEW Dash & Splash (ages 4-7yrs)

(**must register by Wednesday at noon for Thursdays class)

**Phone to Reserve a Spot - Limited space

Kids will play games that develop physical literacy skills, make crafts that stimulate the imagination, and enjoy supervised play time in the pool. Class cancelled during poor weather (rain or stormy days).

Limited space available – pre-register to guarantee your spot.

Thursdays (1-3pm)
July & August

Cost: \$5 or \$6.50 Drop-in

NEW Sport & Adventure Camps...... "Active is our Game"

Our Summer Camps are designed to keep kids active with a variety of daily sports and activities to engage & excite!

Camp Activities include: Athletic Development, Strategy & Teamwork, Arts & Crafts, Performance Arts, and Swimming.

Camp Hours: 8:30am - 4:30pm (Ages 7-10yrs) (need to bring- snacks, lunch, active clothes, swim suit, towel)

Camp I June 29th & 30th \$60.00

Camp II July 2nd & 3rd \$60.00 *Camp I & II joined = \$110.00

Camp III July 7th -10th \$110.0 (*includes Youth Night admission)

Camp IV Aug 4th-7th \$110.00 (* includes Youth Night admission)

Aqua Fit

Our most popular class that combines a low impact cardio workout with range of motion and resistance training. All fitness levels can be challenged in a safe and welcoming environment.

Try it once and you're hooked. (Shallow and Deep water)

Mon./Wed./ Fri. 8:00 - 8:45am (June) 8:15 - 9:15am (July & August)

New -Aqua Zumba

A new class to get the whole body moving with great music & fun routines!

Thursday 7:05-8:05pm (June to Aug)

Aqua Power

A higher intensity workout using stations and power moves to build cardio, core strength and muscular endurance.

> Tuesday 7:15-8:15am (July & Aug)

Aqua Boot Camp

Take the plunge into HARD CORE Aqua-fit! More intensity, more travelling, more repetitions and more PUSH by our instructors.... Be ready to Go.....HARDER!! This class is for the hard core aqua fitter with high fitness level and is regularly active. Tuesday 7:05-8:05pm (June to Aug) Thursday 7:15-8:15am (July & Aug)

New -Aqua Tone

A new class this summer with a focus on specific muscle groups like Arms, Legs and Abdominals! Learn to activate certain muscles and use buoyancy equipment to create effective resistance for the ultimate toning workout.

(45min class Shallow & Deep)

Tuesday 9:45-10:30am (July & Aug)

Agua Fit

Now 8 classes a week including Aqua Zumba & Aqua Tone For a Fun & Fantastic Work Out – just

**Note ALL participants must complete a 2015 PAR-Q form (Health Questionnaire). Participants who are over 69yrs or answer "yes" to any of the questions require a Dr's note to participate.

YOUTH NIGHTS

Fridays this summer from 7-9pm the Lions pool will be hosting themed youth nights! Bring your swim suit and get ready for games, music, prizes, snacks,

Pizza and Beverages! AGES 8-13

July 10th – "Hawaii Luau" July 24th - "Summer Survivor" Aug. 7th - "Pool Party Rock" (Air bands) Aug. 21st- "Glow / Disco Splash Dance

Cost: \$7.50 / student
Jr. Lifeguard Club: \$2.50 / member

Father's Day Splash

Challenge dad to a cannonball competition, noodle surfing contest or water basketball game; June 21st Dad's swim for Free at the Enderby Lions Pool. Bring your dad, grandpa, or uncle and you will be entered to win a ticket to one of our Fabulous Youth Night Splash Events.

Sunday June 21st 1 – 4 pm Cost: Regular Admission & Dad's are FREE

Toonie Swims

New this summer, enjoy the "Toonie Swim" 3 times a week! What a great Deal to cool down, stay active and splash around with friends and family.

Tues./ Thurs./ Sat. 6-7 pm Cost: \$2/ person

Barnes Park Mini Biathlon



SUNDAY AUGUST 23rd

11 am to 2 pm

5

Kids (6-12yrs) Students & Seniors \$5.00 \$6.00 Adults Family 9+) \$8.00 \$20.00

Must pre-register at the Enderby Lions Pool

You can register as an individual or team of two. Choose your distance and test your endurance with swimming and running or jogging. All participants will receive a certificate of recognition, healthy snack bar and free admission to the afternoon Public swim to cool off

Run Distances (marked track in Barnes Park) 6 laps / 10 laps / 15 laps

Swim Distances (25yrd lengths of Pool) 100yrds / 200yrds / 400yrds / 600yrds

$$1^{st} - 3^{rd}$$

Starlight Drive In Re-opens for the season
Watercolour Painting – Courtyard
Gallery
1st – 3rd
"Eh Major" Dinner Theater- St
Andrews Church

2nd

Poppa Dawg - Lorenzo's Cafe 3rd

May Day Celebration- Green Croft Gardens

⊿th

Sail with Kings - Riverfront Pub

 $7^{th} - 10^{th}$

"In Like a Lion"- Caravan Farm Theater

2th

Charles Mack Band - Lorenzo's Cafe

10th

Mothers Day

Pancake Breakfast - Riverside Hall Pancake Breakfast - Kingfisher Hall Market - Caravan Farm Theater

15th

Lovecoast - Riverfront Pub Sweet Alibi - Lorenzo's Cafe

15th - 17th

24th Annual BC Open Gold Panning Championship - Riverside Park

Porch Party - Kingfisher Hall

Lions Pool Opens

29th

Lions Pool Grand Opening Event AGM - Kingfisher Hall

31st

Purina Dog Walk - Riverside Park



June 2015

6th

Kayak Rodeo – Kingfisher Ball Park

Father's Day
Father's Day Splash - Lions Pool
Market - Caravan Farm Theater
Music by the River – Belvidere Park

24th - Sept 2nd

Farmers Market Kingfisher Hall

 $26^{th} - 28^{th}$

Funtastic Ball Tournament

28th

Verry Berry Tea – Green Croft Gardens



Enderby & District Volunteer Fire Department Presents



LIONS GAZEBO, ENDERBY BC

Tantalize your taste buds!
Craft beer, ales, ciders and wines from our local breweries and vineyards.
Live Music • Food Vendors • Camping
Tickets are \$25 each.

Available online and through ticketseller.ca 250-549-SHOW (7469). 19+ EVENT



All proceeds are going to the Enderby & District Fire Department for training, firefighting equipment and fire apparatus.

1st

Canada Day Free Swim - Lions Pool Canada Day Celebration

3rd

Aqua Fit Summer Kick Off

5th

Market - Caravan Farm Theater

 $6^{th} - 9^{th}$

Accordion Get-To-Gether

10th

Hawaii Luau - Lions Pool

11th

Strawberry Tea - Kingfisher Hall

12th

Music by the River- Mara Hall

18^{tr}

Enderbeer and Wine Festival – Lions Gazebo

From Cow to Curd – Birdsong Farms

23rd - 25th

"The Nights Mare" – Caravan Farm Theater

24th

Aqua Fit Fiesta – Lions Pool Summer Survivor Youth Night – Lions Pool

25th

World Paddle for the Planet Jumble Dance – Kingfisher Hall Enderby & District Arts Festival

26th

Music by the River – Belvidere Park

31st

Rock and Roll Band – Riverfront Pub

August 2015

2nd

Market – Caravan Farm Theater

7th

Pool Party Rock Youth Night - Lions Pool

15th

Heritage Potluck - Kingfisher Hall

15th & 16th

23rd Annual Roots and Blues

16th

Grindrod Garlic Festival

21st

Glow Disco Dance Youth Night – Lions Pool

22nd

Corn Roast - Kingfisher Hall

23rd

Barnes Park Mini Biathlon

Music by the River – Belvidere Park

30th

Wool Workshop – Green Croft Gardens

Sauerkraut Workshop – Green Croft Gardens

19th - Oct 31st

Pumpkin Patch - Green Croft Gardens

26th & 27th

Pumpkin Festival

2nd - 6th

27th

6th

Rivers Day Celebration – Belvidere Park Lantern Float – Belvidere Park

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Enderby Arena - Dry Floor

Perfect for lacrosse, ball hockey, roller derby, tradeshows, private functions, and more! Home to one of the best floors in the Okanagan and features seating for 900, concession, washroom facilities, and large dressing rooms.

2015 Rates

Adult Dry Floor Youth Dry Floor Senior Dry Floor Arena Dry Floor Arena Dry Floor \$60.00 per hour \$28.00 per hour \$31.00 per hour \$624.00 per day (8hrs) \$1,248.00 Commercial use

Park and Gazebo Rental

Belvidere Park Freee of charge *insurance required Freee of charge *insurance required

Lions Gazebo \$110.00 per day *insurance required

(+ \$500 damange deposit)

*Kitchen use is an additional fee

*Insurance avaliable throught the Chamber of Commerce upon booking

For more information please visit: http://www.enderbychamber.com/recreation/index.htm



KINGFISHER 250.939.0004 Interpretive Centre

250-838-0004 Interpretive Centre

"OUTDOOR DISCOVERY THAT FOSTERS A SENSE OF STEWARDSHIP TOWARDS OUR ENVIRONMENT

Nature Trails • Authentic Kekuli Hut Large Gazebo • River Access • Swimming

Yours to explore all year with interpreters throughout the summer and early fall seasons

Annual Egg Take - October 10 & 11 10am to 2pm

Hands-on lesson in maintaining chinook salmon stock. On the river 500m past the Interpretive Centre.

2550 Mabel Lake Road, Enderby • www.kingfishercentre.com







The Shuswap River Ambassador Program

For information on float and paddling times, river hazards, river routes, invasive species, and the biodiversity of the Shuswap River flag down one of the Ambassadors.

At the Lower Shuswap River Handlaunch sites from the end of June to August.

Go to Facebook.com/ShuswapRiver for updates on water levels.

GRANT'S TACKLE BOX

All your fishing and boating needs in one spot!



On the highway in Enderby 🚮

Toll Free: 1-866-838-6508



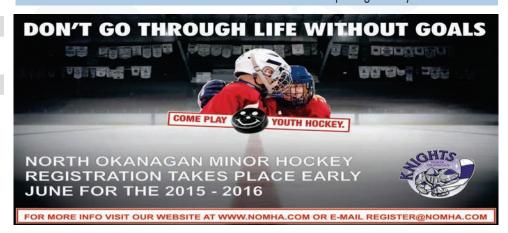


Directory

Organization	Name	Phone	Email
Afterschool Programs			
Grindrod Afterschool Program	Michelle Watts	250-838-0751	fivewattbulb@shaw.ca
Community Resource Centre			
Enderby Community Resource Centre	Kara Wilhelms	250-838-9446	edcomrc@telus.net
Early Years Coordinator	Lisa Rands	250-838-5953	edcomrc@telus.net
Curling			
Enderby Curling Club	Sharon Taylor	250-838-6702	taylorsharon64@gmail.com
Cadets			
Rocky Mountain Rangers	Captian Kelly March	250-307-2103	kelly.march@cadets.gc.ca
4-H			
Hoof 'n' Boots	Cathy Forster	250-306-0168	cforster@xplornet.ca
Girl Guides of Canada			
Enderby Sparks, Brownies, Guides	Aime Alward	250-938-3362	alwards0206@gmail.com
Fitness Classes			
Aqua Fitness (Enderby Pool)	Enderby Pool	250-838-9256	recreation@cityofenderby.com
Dancercise	Inger Drescher	250-838-2655	maudststudio@gmail.com
Zumba	Aime Alward	250-938-3362	alwards0206@gmail.com
Golf			
Birchdale Golf Course	Kim Tubb	250-838-7740	krgtubb@gmail.com
Mabel Lake Golf Course		250-838-0881	info@mabellakegolf.com
Gym			
Mike's Gym	Mike Whibley	250-838-6555	info@whibsgym.com
Hockey			
Adult Recreation Hockey League	Rec. Programmer	250-838-2665	recreation@cityofenderby.com
N. Okanagan Minor Hockey Assoc.	Dean Zimmerman		president@nomha.com
Karate			
Enderby Karate	Tim Posynick	250-938-0512	enderbykarate@gmail.com
Provincial Martial Arts	Holly Raczynski	250-253-2406	pma_karate@hotmail.com_
Pickle Ball			
Enderby Recreation Pickle Ball	Abby Pavelich	250-838-9280	abbypavelich@hotmail.com
	Marlene Marshall	250-838-6955	marshallmeadows@hotmail.com

Organization	Name	Phone	Email
Pre-School Programs			
Enderby Community Resource Centre	Kara Wilhelms	250-838-9446	edcomrc@telus.net
Early Years Coordinator	Lisa Rands	250-838-5953	edcomrc@telus.net
Physical Literacy Classes	Sheryl Hay	250-838-2665	recreation@cityofenderby.com
Strong Start	Rhonda Sloot	250-833-6434	
Seniors Programs			
Seniors Center Programs	Doreen Stuebing	250-838-0538	enderby.seniors@shaw.ca
Seniors Center Rentals	Melvin Slater	250-838-6398	
Skating			
Learn to Skate	Rec. Programmer	250-838-2665	recreation@cityofenderby.com
Skiing			
Larch Hills			info@skilarchhills.com
Soccer			
Enderby & District Youth Soccer Assoc.	Jason or Kim Golz	250-833-5139	edysa123@hotmail.com
Softball			
Ladies League	Shawn Ferguson		fishergirl111@hotmail.com
Mens League	Adam Clark	250-838-6677	ad.clark@telus.net
Mixed League (Spring)	TBA		
Mixed League (Summer)	Ruth Ginther	250-253-2538	ruthielee99@gmail.com
Youth (Enderby Minor Fastball)	Tracey Castle	250-309-1733	ctcastle@telus.net
Swimming			
Enderby Lions Pool	Aquatic Staff	250-838-9256	recreation@cityofenderby.com
Volleyball			
Enderby Recreation Volleyball	Dave or Lisa Lancaster	250 833-7731	davelancaster14@gmail.com

For a full list of all Recreation Services visit www.exploringenderby.com





RV Park & Campground

Camping along the beautiful Shuswap River.

We are pleased to offer you a pleasant stay that features the following amenities:

- Tenting
- Pull-thru sites
- Full hook-ups
- Covered kitchen & BBQ
- Wireless connection
- Boat launch
- Fire pits
- Picnic areas
- Washrooms
- Free showers

- Adjacent playground
- Sani-dump
- On-site manager
- Pets (on leash)

For Reservations 250-838-0155 112 Kildonan Avenue, Enderby BC www.enderbycamping.com