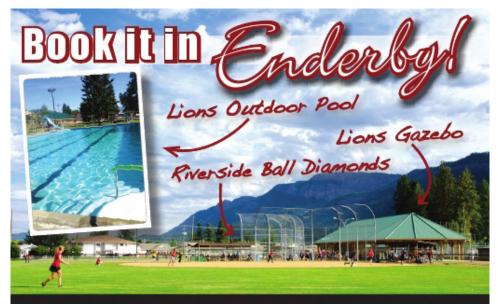


Recreation Guide 2014

Enderby & District - Spring and Summer



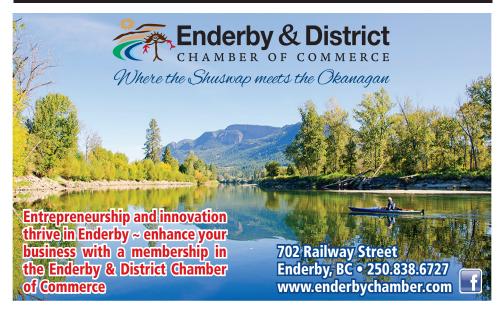




The following facilities and parks are available to rent in Enderby and area:

Lions Outdoor Pool • Lions Gazebo Riverside Ball Diamonds • Arena

250-838-BOOK (2665)



Enderby & District Recreation Services

702 Railway Street, PO Box 1000 Enderby BC, V0E 1V0

Phone: 250-838-2665 Fax: 250-838-0123

Enderby Parks & Recreation

1605 Kate Street, Enderby, BC

Phone: 250-838-7557 Fax: 250-838-9613

Enderby Lions Pool

(May 26 to August 30)

606 King Avenue, Enderby, BC

Phone: 250-838-9256

Enderby & District Chamber of Commerce

702 Railway Street, PO Box 1000

Enderby BC, V0E 1V0 Phone: 250-838-6727 Fax: 250-838-0123

Hours dependant on season

City of Enderby

PO Box 400

Enderby BC, V0E 1V0 Phone: 250-838-7230 Fax: 250-838-6007

Enderby & District Recreation Guide produced by the Enderby & District Chamber of Commerce.

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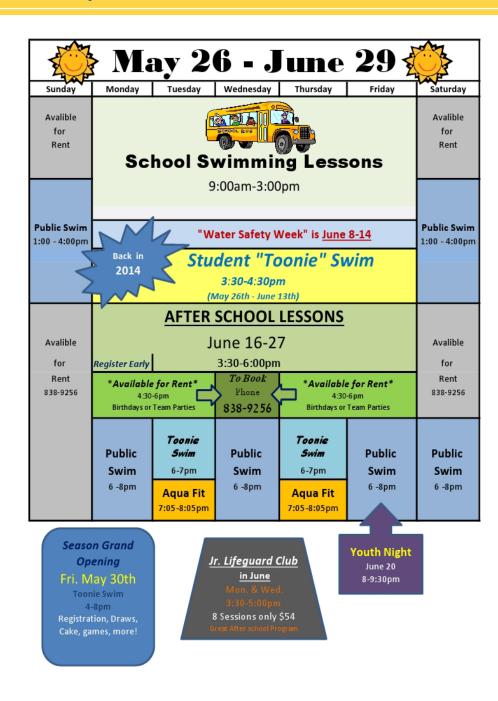
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Facility Rental Info:

250.838.BOOK (2665)

RECREATION@ENDERBYCHAMBER.COM





	J	July a	and A	Augu	st 3	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed	Aqua Power 7:15-8:15am	Closed	Aqua Boot Camp 7:15-8:15am	Closed	
Available For	Aqua fit 8:15-9:15am	Lap Swimming 8:15 - 9:30am (Private lessons Available)	Aqua fit 8:15-9:15am	Lap Swimming 8:15 - 9:30am (Private lessons Available)	Aqua fit 8:15-9:15am	Available For
838-9256			l Cross Le: 30 - 12:00	- W		838-9256
	POOL	CLOSED	Noon Fit 12:05-12:55pm	POOL C	LOSED	Noon Fit 12:05-12:55pm
Public Swim 1-4pm	•	Canada Day Free Swim July 1st 1-4pm	ublic Sw 1-4pm	Play 'n' Swim 1-3pm		Public Swim 1-4pm
Available For	Ad	vanced Cou	irses & Les	ssons	Available For Rent 4-5pm	Available For Rent 4-5pm
Rent	NEW in 2014 - After Work Red Cross Lessons Mon. to Thurs. 4-6pm (July or Aug) Class creation based on interest Lists Public Swim			Public Swim		
	Public Swim 6-8pm	Toonie Swim 6:00 - 7:00 pm Aqua Boot Camp 7:05-8:05 pm	Public Swim 6-8pm	Toonie Swim 6:00 - 7:00pm Aqua Power 7:05-8:05pm	5-7:00pm Youth Nights 8-13yrs Ages 8-13	5-7:00pm Available for Rent
For Pool In	formation -	Call 250 838	-9256		* 7-9pm*	
Summer Prog	ram Registratio	n - During public s	wim times		July 4 & 18	

After School Session June 16-27		
Level 3	Level 4	Sea Otter-A
5:30-6:00	3:45-4:15	3:45-4:15
Level 1/2	Salamander	Level 5/6
4:15-4:45	4:15-4:45	4:15-5:00
Sea Otter-B 4:45-5:15	Level 7/8 4:45-5:30 Cre	Croc / Whale
Level 9/10	Sunfish	Parented Levels
5:15-6:00	5:30-6:00	5:30-6:00

Session I July 7-18		
Parented Levels	Level 3/4	Private Lessons
9:30-10:00	9:30-10:00	9:30-10:00
Level 5	Sea Otter	Level 6
10:00-10:45	10:00-10:30	10:00-10:45
Salamander	Level 1 10:30-11:00	Level 2
10:45-11:15	117/0	10:45-11:15
Sunfish	Level 7/8	Private Lessons
11:15-11:45	11:00-11:45	11:15-11:45
Level 9/10	Croc / Whale	Private Lessons
11:45-12:30	11:45-12:15	11:45-12:15
11.43-12.30	Wait List	Wait List

Session II				
Ju	July 21-Aug. 1			
Level 9/10	Oroc / Whale 9:30-10:00	Sea Otter 9:30-10:00		
9:30-10:15 Parented Levels	Level 3/4 10:00-10:30	Salamander 10:00-10:30		
10:15-10:45 Sunfish	Level 7/8 10:30-11:15	Private Lessons		
10:45-11:15		Private Lessons		
Level 5/6	Level 1/2 11:15-11:45	11:00-11:30 Private Lessons		
11:15-12:00	Wait List	11:30-12:00		
Private Lessons 12:00-12:30		Private Lessons 12:00-12:30		

Lifesaving Classes		
Bronze Star	June 30- July 4 \$87.75	
Bronze Medallion	July 8-11 & 15-17 \$138.50	
Bronze Cross	Aug. 5-7 & 12-14 \$145.00	
Jr. Lifeguard club	June, July & August	

Parented Levels
= Starfish, Duck, Sea Turtle

Session III Aug. 11-22		
Sunfish 9:30-10:00	Level 1 9:30-10:00	Level 5/6 9:30-10:15
Level 2 10:00-10:30	Parented Levels 10:00-10:30	Croc / Whale
Level 7/8	Salamander 10:30-11:00	10:15-10:45 Sea Otter
10:30-11:15	Level 3/4 11:00-11:30	10:45-11:15 Private Lessons
Level 9/10 11:15-12:00	Private Lessons	11:15-11:45
Wait List	11:30-12:00 Wait List	Private Lessons 11:45-12:15

After Work Session July 9-25 & Aug 6-27

(Tu./Wed./Thurs.) - (9 sessions)

Registration based on interest List.

Sign up at the pool with Participants Name,

Phone # and Level

Min. numbers reguired to form classes.

Summer Pool Programs

Bronze Star (recommended 11+ years)

The Lifesaving Society's first step in lifeguard training. It is recommended for those between the ages of 11 and 13, and is designed to deliever high performance training for skilled pre-teens. Candidates learn CPR, land spinal recovery, solo and partner rescues, searches and other skills.

Monday, Wednsday, Thursday, and Friday (9:30am to 12:30pm)

June 30 and July 2 to 4

COST: \$87.75 / 4 sessions

Bronze Medallion (Pre Req. 13+ years or Bronze Star)

Bronze Medallion teachers an understanding of the lifesaving principles embodied in the four components for water rescue education – Judgment, Knowledge, Skill and Fitness. Participants will learn to recognize and respond as a lifesaver to a variety of aquatic emergencies. This is a prerequisite for LSS Bronze Cross.

Tuesday to Friday (3:00-6pm)

July 9 to 11 & July 15 to 17

COST: \$138.50 / 7 sessions (includes manual & exam)

Bronze Cross (Pre Req. Bronze Medallion)

The third step in lifeguard training. Bronze Cross teaches the difference between lifesaving and lifeguarding, the principles of emergency procedures, and teamwork. This is a pre-requisite for all Life Saving Advance courses.

Course worth 2 credits towards grade 11

Tuesday to Thusday

August 5 to 7 (9:30am to 1pm)

August 12 to 14 (3:30 to 6pm)

COST: \$145/ 6 sessions

Junior Lifeguard Club

Calling all kids 8-13yrs!!! A challenging and exciting club with a focus on fun! For kids who want more than just swimming lessons and who are interested in lifeguarding. Members participate in swimming, lifesaving skills, fitness, community awareness and teamwork. They will also join pool staff for special events and training sessions. July & August, Monday and Friday (4-5:30pm) Cost: \$8 drop-in / \$70 per month or \$130 for the whole summer!

Bonus: Club members can participate in the Youth Nights every Friday from 7-9pm for only \$2.50 (save \$5)

Play & Swim

Bring your children 4-8yrs out for an afternoon of games, crafts, swimming and more. Limited space available. Possible cancellation due to poor weather (rain or stormy days). Call ahead to reserve! Cost: \$5 Drop-in. July & August, Thursday (2-4pm).



Public Strims:

Preschaal

Per Swim \$3.00 10 Time Pass \$27.00

1 Month Pass \$33.00

Cauth & Squiara Per Swim \$3.50

10 Time Pass \$31.50 1 Month Pass \$38.50

Adadte

Per Swim \$3.75 10 Time Pass \$33.75 1 Month Pass 541.25

Fermilies

Per Swim \$9.00 10 Time Pass \$79.50 1 Month Pass 599.00 Parent & Tot \$5.00

Fitness Classes:

Adulka

Per Class \$5.75 10 Time Pass \$51.50 1 Month Pass \$55.00

Semiores & South Per Class \$5.50

10 Time Pass \$49.50 1 Month Pass \$52.50

Swimming Lessons ½ hour \$37.00 Swimming Lessons 34 hour \$48.00 Pool rentals up to 50 people \$67.00/hr Pool rentals 50+ people \$91.50/hr Bronze Star \$87.75

Bronze Medallion \$138.50

Bronze Cross \$145.00

Junior Lifeguard Club \$8 drop-in, \$70per month, or \$130 for the wole summer!

Youth Nights \$7,50 or \$2,50 for Junior Lifeguards Play N Swim \$5.00

Themed Youth Nights

Ages 8-13

Fridays in July & August

July 4th: "Techno Color" July 18th: "PJ Party" Aug. 1st: "Invent your Super Hero"

Aug. 15th: "Round the World"

COST: 57. 50

Jr. Lifequard Club 32. 50

Longest Day routh Night June 20th

8:00-9:30pm



Aqua Fit

The Best workout around and it is fun – so you'll want to come again and again. Aqua Fit mixes a low impact cardio workout with flexibility and resistance training in a safe and welcoming environment. All fitness levels will be challenged.

Noon Fit

A new class to add to the summer workout schedule. Now you can get the benefits of Aqua fit during your lunch break. Work up a sweat and feel refreshed with this 50 minute workout over lunch.

Aqua Power

A higher intensity workout using stations and power moves to build cardio, core strength and muscular endurance.

Aqua Boot Camp

Take the plunge into HARD CORE Aqua Fit! More intensity, more travelling, more repetitions and more PUSH by our instructors. This class is for the hard core aqua fitter with high fitness level.

*Note all participants must complete a 2014 PAR-Q form (Health Questionnaire) and have on file.

Private and Semi-Private Swim Lessons

Do you or your child need some individualized swim instruction? Get the benefits of one on one attention at a time that suits you best. Phone the Enderby Lions Pool to book your private swim lessons with one of our Red Cross swim instructors. *Limited times available*

Please call 250-838-9256 for pricing and registration.

Pool Rentals

The best place to hold a birthday, team party or group event is the Enderby Lions Pool. Have the whole pool to yourself including all the toys! Call to reserve your booking.

<u>Cost:</u> Up to 50 swimmers \$67.00/hr 50-75 swimmers \$91.50/hr

*Call for available times 250 838-9256

Enderby Arena - Dry Floor

Perfect for lacrosse, ball hockey, roller derby, tradeshows, private functions, and more! Home to one of the best floors in the Okanagan and features seating for 900, concession, washroom facilities, and large dressing rooms.

2014 Rates

Arena Dry Floor

Adult Dry Floor \$60.00 per hour
Youth Dry Floor \$28.00 per hour
Senior Dry Floor \$31.00 per hour
Arena Dry Floor \$624.00 per day (8hrs)



Park Rentals in Enderby & District

Riverside Park is home to some amazing amenities: playgrounds, washrooms, a 120' by 50' Gazebo with kitchen available for rentals. Four regulation sized ball fields makes Riverside Park perfect for any event! Short walking or driving distance from a boat launch, the arena, swimming areas, an adjacent RV Park and campground and the scenic Riverwalk. For more information on booking Riverside Park, Barnes Park, or Belvidere Park email recreation@enderbychamber.com, call 250-838-2665(book) or visit enderbychamber.com/recreation.

Pre-School Aged Programs

Strong Start - MV Beattie

Monday-Friday drop-in from 9am to 12pm for children 0 to 5 years and their parents or caregivers. A free parent participation early learning program. Healthy snacks are provided.

Family Place

Family drop in program for pre school ages children. Wednesdays from 8:30am to 12:00pm located at 1106 Belvedere Street. Look for the board outside the door and come on in. Free of charge!

- Meet other parents
- Fun activities for your little ones
- Healthy snacks, hot lunch, stories and songs

To find out more about this FREE program or to participate in the program call: (250) 838-9446 or email edcomrc@telus.net.

Kids & Company

Thursdays 9:30-11:30am Enderby Drill Hall 200 George Street, Enderby

- Guest speakers
- Craft time & learning centers
- Field trips
- Snacks
- Stories & free play

Come out and make new friends! Kids and company closes for July and August.

Mother Goose

Wednesdays from 9:30-10:30am at 1106 Belvedere Street

- For parents and their infants or young children, snacks provided
- Focuses on the pleasure and power of using rhymes, songs and stories together
- An idea that playful, imaginative language should be an important part of a child's life from infancy and beyond

Have fun, soothe, nurture and promote trust in a stress-free manner

Healthiest Babies

- Free & confidential service to help women have healthy babies
- Available to pregnant woman or mother of 0-6 month old child
- No referral necessary you can call us directly
- Nutrition and lifestyle choices
- What to expect in pregnancy, labour and delivery
- Infant growth & development
- How to make the transition from pregnancy to parenting
- Emotional support
- Food vouchers
- Prenatal vitamins & Vitamin D drops for baby

Play in the park

Seasonal family drop in program first Wednesday in July until last Wednesday in August 9:30am to 12:00pm at Barnes Park.

All ages welcome. Are you from out of town? Come and join us!

- Crafts
- Games
- Snacks
- Outdoor fun and play

Bring a blanket and relax in the grassy playground area in Barnes park!

Calendar of Events - 2014

May 11th	Mother's Day Pancake Breakfast - Lions Gazebo, Riverside Park
May 11th	Mother's Day Pancake Breakfast - Kingfisher Hall 8:00-10:30am
May 16th & 17th	The 23rd Annual BC Open Gold Panning Championships, Riverside Park
May 24th	Porch Party, Kingfisher Hall 5:00pm
May 30th	Kingfisher Hall AGM 7:00PM
June 22nd	Music by the river—Doug Grant & the Cliff Jumpers Belvidere Park
June 25th-Sept 3rd	Kingfisher Hall Farmers Market every Wednesday 11:00am to 1:00pm
June 27th-29th	Singin' Good News Concert, Southern Gospel Music Festival 637 Enderby- Grindrod Road.
June 27th - June 30th	Funtastic Ball Tournament, Riverside Park
July 1st	Canada Day Celebrations, Barnes Park
July 7th to 9th	Accordion Get-To-Gether, Riverside RV Park
July 12th	Strawberry Tea at the Kingfisher Hall 1:00 to 3:00 pm
July 13th	Music by the river—Darrel DeLaRonde & Saskia Mara Hall
July 19th	Jumble Dance at the Kingfisher Hall 9:00pm
July 19th	Girl Guide Parade at 6:30
July 19th	Music by the River Belvidere Park Enderby 7pm
July 26th	Enderby & District Arts Festival 9:00am to 4:00pm
July 26th	One Camel Short at the Kingfisher Hall 7:00pm
July 27th	Music by the river— 7 pm. Cod Gone Wild. Belvidere Park Enderby
July 30th	Community Historical Potluck 5:00pm Kingfisher Hall
August 9th	Music by the river, Grindrod Park. "Flashback." Rock 'n' Roll classic cover
August 17th	Grindrod Garlic Festival 9:00am to 4:00pm
August 23rd	Corn Roast at the Kingfisher Hall 5:00pm
August 24rd	Music by the river 3:00pm Belvidere Park Enderby
September 28th	BC Rivers Day Clean up & Celebrations
September 28th	Music by the river 1 pm. Open Mic. Belvidere Park Enderby



Birchdale Golf Course

Birchdale Golf offers a quiet country atmosphere for a relaxing and leisurely round of golf. The 1,414 yard course is located 10 km south of Mara Lake on Hwy 97A and is centrally located between the Shuswap and the Okanagan Valleys. Whether you are keen to get some practice, some exercise, or just have some fun, Randy, Kim, and Graham invite you to visit Birchdale soon!

- RV sites with water and power
- Licensed food & beverage service
- Tournament hosting for any sized group
- Well-stocked Pro Shop

7023 Highway 97A Grindrod, BC V0E 1Y0 Phone: 250-838-7740 E-mail: krgtubb@telus.net www.birchdalegolf.ca



Mabel Lake Golf & Country Club

Mabel Lake Golf and Country Club is the premiere golf experience in the Okanagan Valley, designed and built by renowned course architect Les Furber of Golf Design Services Ltd. Located just off highway 97A, 35km east of Enderby, surrounded by majestic mountain ranges and natural forests, it is a must visit. This unique par 36, regulation size 9 hole course measures 3103 yards featuring expansive transition areas, picturesque rock walls, challenging ponds and paved cart trails throughout. Stay & Play packages available.

- Fully-stocked Pro Shop
- Licensed Clubhouse & Patio
- Cart & Club Rentals
- Banquet Facilities

3445 Enderby Mabel Lake Rd, Enderby BC V0E 1V5 Phone: 250-838-0881

E-mail: info@mabellakegolf.com

www.mabellake.com



Baseball

Mens Ball League

Looking for teams and members! Phone (250) 838-2665.

Ladies Ball League

Looking for teams and members. Phone (250) 838-2665.

Mixed Ball League

Limited space, contact (250) 838-2665 for information.



Whib's Gym

Enderby's full featured fitness centre has been renovated, upgraded and is under new management! Whatever your fitness goals, Whib's can help you move in the right direction. Check out their website for more information about the facility and classes, or contact them to set up a tour.

506-A Grandville Avenue 250.838.6555 info@whibsgym.com www.whibsgym.com





The Shuswap River Ambassador Program

For information on float and paddling times, river hazards, river routes, invasive species, and the biodiversity of the Shuswap River flag down one of the Ambassadors.

At the Lower Shuswap River Handlaunch sites from the end of June to August.

Go to Facebook.com/ ShuswapRiver for updates on water levels.



To the control of the

The Shuswap River

The Shuswap River is of tremendous ecological and cultural importance to the area an its meandering waters act as the lifeline for Spring, Chinook, Kokanee and Sockeye Salmon who continue to return to the Shuswap from July to October. Treating the river with the respect it deserves is of the utmost importance to our community.

Visit the Enderby & District Visitors Centre for more information on the Shuswap River. 702 Railway Street.

GRANT'S TACKLE BOX

All your fishing and boating needs in one spot!



Pontoon Boats Palm/Beach Aluminum Boats Tohatsu & Nissan
Outboards

NISSAN

On the highway in Enderby

Toll Free: 1-866-838-6508

Drop us a Line

Spring, Chinook, Kokanee, and Sockeye Salmon swim from late summer to early fall as they make their way back to their spawning grounds on the Shuswap River east of Enderby. Cooke Creek campground on Mabel Lake Road is the ideal casting spot during salmon season. Fishing for Rainbow Trout and Whitefish is done year round in the river and throughout many of the surrounding lakes. Gardom Lake and Hidden Lake are both fantastic spots for ice fishing in the winter. Fishing licenses are required and can be purchased at several convenient locations in the area. Check the fishing guide for freshwater regulations prior to tossing your line.

Visit the Enderby & District Visitors Centre for more information on fishing. 702 Railway Street.

Freshwater Fun!

For a quiet day of bird watching, fishing, or swimming, make a trip to Gardom Lake. The lake has a motor limit to ensure quietude and a large population of painted turtles.

Scenic Hidden Lake is perfect for a camping weekend of swimming, hiking, fishing, and canoeing with the family.

Pitch a tent and enjoy a quiet fishing weekend with a small boat or canoe at the remote Baird Lake located past Hidden Lake or at Noreen, Holiday, or Stony Lake, a trio of marshy lakes in the hills above the northwest corner of Mabel Lake, Good Fishing and bird watching are available at Elbow, Grassy, and Dale Lakes located off Cooke Creek Road; Kidney Lake located off Kingfisher-Three Valley Gap Road; and Rosemond Lake, which is only accessible by canoe or rowboat from railway trestle at the south end of Mara Lake.

Azure water a white sandy beaches surround this beautiful lake. The shores of Mara Lake feature a provincial park, boat launch, private campgrounds and resort developments. The area is ideal for summer recreation including waterskiing, boating, camping, and swimming.

A vista of deep blue water surrounded by green mountains greets visitors to Mabel Lake. Enjoy swimming, boating, waterskiing, canoeing, kayaking, hiking, and fishing at this lake east of Enderby. The lake stretches 26km in length and 2km in width.

Enderby Cliffs

The iconic Enderby Cliffs not only signify that you are in Enderby, they also offer breathtaking panoramic rewards to those who trek to the top of them. A Class A provincial park covering 2,246 hectares, the Cliffs boast a hiking only trail, leading hikers through lush wilderness, volcanic rock and fossil sites. Once on top, watch for soaring birds playing on the updrafts created by the steep rock face! Don't forget to bring good footwear and plenty of water!

Open: April-October Time: 1.5-2 hours

Difficulty: Strenuous with steep sections



Kingfisher Interpretive Centre

The Kingfisher Interpretive Centre is a great place to explore riverside trails and learn about salmon, fishing, the river and local biodiversity. The award-winning facility, located east of Enderby on ten acres next to the Shuswap River, serves as a salmon hatchery and living classroom. The centre also hosts an egg take each Thanksgiving weekend to cull salmon eggs and milt for next year's fry, an annual fundraising barbecue, a summer solstice fry release, among other special events!

vww.MabelLake.com

Enderby, B.C.



Mabel Lake Golf & Country Club

3445 Enderby Mabel Lake Rd, Enderby BC VOE 1V5

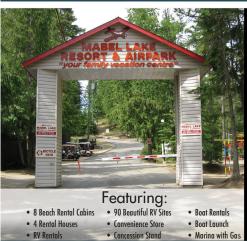
Featuring:

- · Les Furber designed Golf Course
- Regulation 9-Hole Par 36 • Slope Rating 123
- 4 Sets of Tees
- Licensed Clubhouse & Patio
 - Cart & Club Rentals

Fully Stocked Pro Shop

Banavet Facilities

Tee Times & Inquiries Phone: 250-838-0881



Mabel Lake Resort & Airpark Your Family Vacation Centre

Stay N' Play Packages

- Full hook-up RV site includes 2 nine hole golf passes FROM \$50 per day
- Beachfront cabins, rental trailers and houses includes 2 nine hole passes FROM \$100 per day
- 4 bedroom, 4 bathroom house includes 4 nine hole golf passes FROM \$250 per day

Opening Day — June 27th | Sept. 2 — Oct. 10 Two Night Minimum - No Long Weekends - Plus Taxes

Mabel Lake Resort & Airpark

3514 Enderby Mabel Lake Rd, Enderby BC VOE 1V5 For Reservations Call 250-838-6234

250-838-0004 Interpretive Centre "Outdoor discovery that fosters a sense

Nature Trails • Authentic Kekuli Hut Large Gazebo • River Access • Swimming

Yours to explore all year with volunteer interpreters throughout the summer and early fall seasons

Annual Egg Take - October 11 & 12 10am to 3pm

Hands-on lesson in maintaining chinook salmon stock. On the river 500m past the Interpretive Centre.

2550 Mabel Lake Road, Enderby • www.kingfishercentre.com



Annual Egg Take - Oct 11 & 12

Free Event





2014 SUMMER SESSIONS

JUNIOR LEADERS CAMP

CIT (age 14 - 15) & LIT (age 16+)
Great experience for future employment

JUNIOR CAMP (ages 7-10)
INTERMEDIATE CAMP (ages 10-13)
JR/INTERMEDIATE CAMP (ages 8-13)

SPECIALTY CAMPS:

Drama, Fly Fishing, Teen Camps

CAMP AVAILABLE FOR RENTAL BEFORE & AFTER CAMP DATES

See our brochure or website for details 250.838.6293 • maccamp@shaw.ca



Riverside RV Park & Campground

We are pleased to offer you a pleasant stay that features the following amenities:

- Tenting
- Pull-thru sites
- Full hook-ups
- Covered kitchen & BBQ
 Coin showers
- Wireless connection
- Boat launch
- Adjacent playground

- Fire pits
- Picnic areas
- Washrooms
- Sani-dump
- On-site manager
- Pets (on leash)

While we are open year round, our washroom facilities are only open from May 1 to October 15. We can accommodate

self-contained units during the off-season.

For Reservations 250-838-0155 112 Kildonan Avenue, Enderby BC www.enderbycamping.com